

WSC Advice Zone: how they support you in your choice

During our stay at West Suffolk College we had the chance to spend some time with Charlotte, who is one of the “Careers and University advice zone” member staff. It gives you the opportunity to orienteer yourself through the great amount of universities (both in Italy and UK) and to help you realize which is the most suitable type of studies for you.

For example, Charlotte asked us which were our favorite subjects and what we would like to do after school. We talked about our interests and also about considering to study outside of Italy. Then

she gave us some information on “Personal statements”, which make up a big part of the application form for a university. She was very nice and helpful and we think this experience was really useful to help us make the best choice when we will finish school. We found her very professional and competent.

We think that this system is very useful because not only orients in future choices but also allows to know the ideas and interests of the student. Indeed, how can someone who doesn't see you as a person but only as a number help you



make the best choice for you?

We noticed that in Italy doesn't exist or occupies a marginal role who should do the same job as Charlotte. In general, in Italy there aren't within the school environment some people who are so much concerned with the student's psychological well-being and this has really impressed us.

Ludovica Schembari
Aurora Licitra

Our last day..

The students enjoyed their last lunch offered by West Suffolk College...



...and were presented with their certificates...



...before saying their good-byes to Colin Shaw and leaving for the airport.

West Suffolk College
Taster Magazine
(group 2)

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WEST SUFFOLK COLLEGE

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This journal is part of the work experience the students have been doing at West Suffolk College during their of Open Classes and Alternanza project.

No amendment has been made to the content of the articles and the language they used

Picture:
The students at the entrance to West Suffolk College.

INDEX

Students' Profiles	2
First Day	4
Class Attendance	6
Work Experience	7
Homestay Families	8
Cultural, Social and Sports Activities	10
WSC Advice Zone and Last Day	12

INTERNATIONAL TASTER PROGRAMME

SECOND GROUP

8TH - 15TH FEBRUARY 2016

WSC WELCOMES THE SECOND GROUP OF OPEN CLASSES ITALIAN STUDENTS

WHAT ABOUT ME?

I'm Carola and I come from Sicily, in the South of Italy. There, I attend "Liceo Classico" a school which focuses in Classical subjects like Greek, Latin and Italian but we study also Maths, Chemistry and Science. I'm 17 and next year I will be choosing my University and I hope to make the best decision for my future! That's why I have decided to experience the "International Taster Programme" realised by WSC. I arrived in Bury St Edmund on Monday 8th February and I didn't have any idea of what I had to do, but luckily, since the first day, WSC's Staff welcomed us in order to clear up our mind and make us feel at ease! I was really surprised of their hospitality and their kindness. The first thing I have noticed, totally different from my town, is the way teachers treat the students: students aren't just a number

but firstly they are person who need to stay good every day. That's why there are a lot of tutors, teachers and staffs who work hardly for them! I was really excited to see that everyone who need to stay good every day. That's why there are a lot of tutors, teachers and staffs who work hardly for them! I was really excited to see that everyone contribute to involved us in the College! As I would like to become an actress and a journalist too, WSC provides me an incredible programme in order to help me to discover these world! At the very first day I had an interesting lessons with Lynn, who is a drama teacher in the Conservatoire. The Conservatoire offers students an incredible range of artistic opportunities aimed at becoming professional actor/actress, musician, dancer... The second day here I attended an improvisation course with

Erika Dupuy! It was an unforgettable experience that show me how important share your emotions and give off you fantasy is! On Thursday I did some work experience concerning "Marketing and Communication". Firstly I met a really nice staff to work with and then I cleared up of open event newspaper articles around the college and finally I worked in the office! Thanks to the Staff availability I have had chance to know something more about the world work and also about the massive range of fields concerning art and journalism! I am so grateful to all the WSC's Staff because of they have clear-up my mind about my future ambition! Following the success of each students I am quite sure to take a degree in the UK! I have appreciate every moment there and now I am so sad to come back home but, as I said, I will come back there to engage in my future career!

Carola Antoci



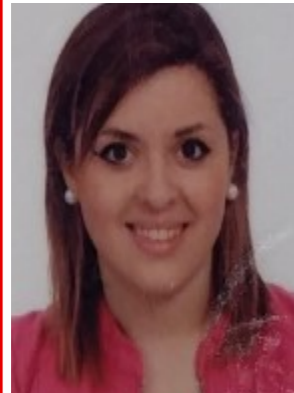
Rehearsing at Conservatoire East

On my first day I watched some rehearsals of "Midsummer night's dream" a Shakespeare's play! Then I had the possibility to interview three

drama students: Lucy, Hanna and Sian! They were so nice and brilliant and they also helped me to understand a lot of interesting things about acting!

Carola Antoci

International Taster Programme - Group 2 Students



GIUSI INGALLINA

She's a 19 years old girl who likes studying Greek Literature and Physics at I.S.S. G.B. Vico - Umberto I - R. Gagliardi in Ragusa. As she joined this programme she'll attend mMedicine and Law classes. Beside school she likes to practise caribbean dance, like salsa and bachata, football and boxe.



AURORA LICITRA

She's 17 years old, she's a student at I.S.S. G.B. Vico - Umberto I - R. Gagliardi in Ragusa. At the moment she studies English, Philosophy and Psychology. She'll study the same subjects at th WSC and, hopefully she would be able to practise in hip hop dancing, which she loves.



FEDERICA LACOGNATA

Federica, 17 years old, is attending I.S.S. G.B. Vico - Umberto I - R. Gagliardi in Ragusa, where she enjoys studying Law, Maths and English. Her main ambition is to become a lawyer, as she likes to defend people. She also love dancing and taking photos.



MIRIAM INTRUGLIO

She's now 18 and attending the 4th year at I.S.S. G.B. Vico - Umberto I - R. Gagliardi in Ragusa, studying Italian Literature, Philosophy, and History. . As she would like to teach these subjects, in the future, she wants to attend Italian Literature and History classes. She also likes to entertain kids and dancing.



SIMONETTA TUMINO

She's 17, she likes studying English at I.S.S. G.B. Vico - Umberto I - R. Gagliardi in Ragusa and so she would like to have the oportunity of studying Psychology, Sociology and Law. She also likes everything that surrounds the music world and swimming.



ALESSANRA GUASTELLA

Student at I.S.S. G.B. Vico - Umberto I - R. Gagliardi in Ragusa, she loves Art and History. She also likes gardening, drawing and painting,

The Bushel: our British evening at a pub



Beyond the activities we did in the College, we had the possibility to spend a few wonderful moments of our week doing recreational activities such as going to the cinema or drinking a delicious tea in a typical English pub.

We went to the Bushell pub on our second day and we had a lot of fun! The atmosphere was cozy, the light quiet suffused and the place really comfortable.

We spent that evening sipping tea and putting ourselves in the life of an English teenager with his friends infact we respected all the rules about schedules and

drinks and we enjoyed ourselves so much being together, laughing and talking all together!

Clara Distallo

Theatre Royal Visit

Thanks to Gary Willis, the students were able to have a guided tour of the Theatre Royal in Bury St Edmunds.

This historic building was built in 1819, and is very important to the history of theatre in the U.K.



The students being guided around the Theatre Royal, Bury St Edmunds.





Archery

An arrow was been launched to yellow target. We were in athletic camp. Our hands gripped from range and after... Arrow is shooted... Nine girls was went off to camp, they were ready for playing and learning like strike an arrow.. It was a fast arrow that it try for realizing ourselves. Guys for two hours archers. Guys were ready for playing and tackling our future.. Arrow like metaphor of changing that it look into future grip wises archers....

Giusi Ingallina



Giusy Ingallina at the Archery session

Various moment of the Archery training

At the cinema

On Sunday instead, we went to the cinema that was a bit different from our cinemas, It was really beautiful. We watched a film called "A bigger splash" which was strange and pretty good at the same time. It was about a rockstar and his boyfriend which spent their holidays in the beautiful Italian islands while she was convalescing, then their holidays was interrupted and literally perturbed by the arrival of her ex-boyfriend with his daughter. Since the first moment we realised it was a psychological drama that, as suggested the title, made pin on the topic of water. At the end of the film we were all a little bit confused but surprised to have found a purely Italian screenplay and to have



heard spoken a bit of Italian. The film was also full of many beautiful songs such as the soundtrack "Emotional Rescue" by St. Vincent. We can say that we found the perfect balance between studying and having fun and we are very glad to have had this chance.

Clara Distallo



Abbeygate Picturehouse Bury St Edmunds

"We can say that we found the perfect balance between studying and having fun"

International Taster Programme - Group 2 Students



CLARA DI STALLO

Student at I.S.S. G.B. Vico - Umberto I - R. Gagliardi in Ragusa, she looks forward to study Counselling, Photography and Music. In her freetime she use to dance, she loves hip-hop music.



LUDOVICA SCHEMBARI

Student at .S.S. G.B. Vico - Umberto I - R. Gagliardi in Ragusa, she looks forward to attend Counselling, Music and Forensic Sciences courses at the WSC.



CAROLA ANTOCI

Student at I.S.S. G.B. Vico - Umberto I - R. Gagliardi in Ragusa, she's 17 and she actually studies Greek, Latin, Italian and English. She would like to get involved in the Theatre, Law and Journalism activities of the college.



Gary Brown, Student Liaison Officer helping the students in looking for their classes



Sarah-Louise Neesam (Students Welfare), Sarah Ellison (Pastoral support) and the students on their first day breakfast at Edmund

The journey of a thousand miles begins with a single step

I arrived in Bury St Edmund on Monday 8th February.

The very first time I saw WSC was the morning after and I was speechless to find, in front of me, an amazing and modern building. In the frontage of the College there was a great sentence that caught my attention: "The journey of a thousand miles begins with a single step. Where will your journey take you?" I immediately thought that it was a good question to start with and now I'm quite sure about my answer: This journey prepares me to an harder and longer one, that's to say my future. Thanks that experience I am sure I will take the best decision for myself!

At 8:30 we had a nice breakfast which was prepared by WSC's students who are attending a cooking course. Meanwhile we were enjoy our breakfast some staff members

came in to explain us their role in WSC: Sarah Louise and Sarah Ellison are two nice women whose job is to solve students' problems and make them at ease into the College. After that, we moved into the reception where we started our tour around WSC. We were all surprising of the massive range of the activities and how enormous and technological it was!

At 10:00 Andrew Goodhall told us something about "health and safety" and some rules that we had to observe at the College.

At 11:00 we moved in the amazing library to do an English Assessment Test to taste our English level! Then we had lunch at the Bistrò. I was absolutely convince that everyone was so kind and available with us and I immediately

felt really comfortable.

At 15:00 I had my first lesson at the Conservatoire. I was so excited while I was walking through that purple corridor. There, I attended the rehearsals of "Midsummer night's dream" with Lynn Whitehead, a really kind teacher and a professional actor-musician. I met a lot of interesting students and I had the possibility to interview them and I had understood some theatrical "secrets" from their experience. I really enjoy talking with them and compare my skills with their ones. Then I met with all my group at the library, there Stefania, our tutor, helped us to clear our doubts up.

At 18:30 Paul, my host dad, picked us up and took us at home to celebrate "pancake's day" together! It was an intensive and unforgettable start!

Carola Antoci

The massive WSC sign by night



From the welcome at the airport to Bury St Edmunds

Our arrival in Great Britain was very calm. After we got off the plane, a girl gently helped us to bring our suitcases and then she introduced us to our tutor, Stefania Garrone. We travelled with her by bus for about a hour to arrive at our homestay. They welcomed us and they showed us our bedrooms, so that we could have a rest for the

night. The next morning at 8am we went to West Suffolk College for the first time. We met the personnel and we had breakfast all together while they explained us what we would do during our permanence. Then we visited the college, which is really big and well equipped, and we attended a lesson about security. In the afternoon

we began to do our activities and I had my first work experience with the teacher Loi Taylor. It was really interesting and I enjoyed it. Finally we went home and we had dinner with our host family, so we could know Cathy and her daughters better

Aurora Licitra

My First Day with pasta alla carbonara!

My first day was very weary but exciting. At school it was fantastic, first I had breakfast with other Italian students and college's staff welcomed us, then I visited the college and I did English's test. At 12:00 I had lunch to Bistrio with

pasta alla carbonara and after I have started lessons. In the end at 18:30 I went home for a dinner and Kim prepared the pancakes because at the carnival is the pancakes's day in England. It was a really hectic day, all new

and strange for me.

I think that this experience will very important and useful for me and my future. My room is very nice and pretty. I loved all of my first day!

Federica Lacognata



The students having breakfast before beginning their day as West Suffolk College

"It was really interesting and I enjoyed it"

OUR BRITISH HOMESTAY FAMILIES

Living in a Manor!

We had a wonderful week in Bury St. Edmund in part thanks to the activities carried out, partly due to the friendship we created and in part thanks to those who hosted and welcomed us as if we were at "home".

Well, it's true "home" isn't a place full of beautiful and expensive furniture but it's someone who makes you feel at ease. Our host family is extraordinary! Tania and Paul are really kind and sweet and I know that for sure even if we've only known each other for a week.

We have talked about ourselves, our routine, our interests and hobbies. We've learnt many things about them and about the English traditions, infact on Tuesday we made pancakes all together because it was the "Pancakes Day" and we had a lot of fun making them jump and turn in the frypan!

We've learnt that Tania was



Carola Antoci, Clara Di Stallo, Ludovica Schembari, and Paul

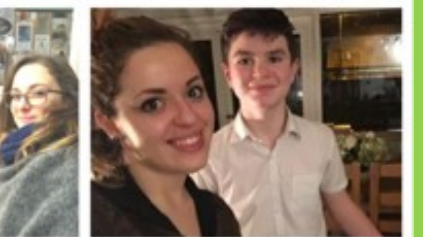
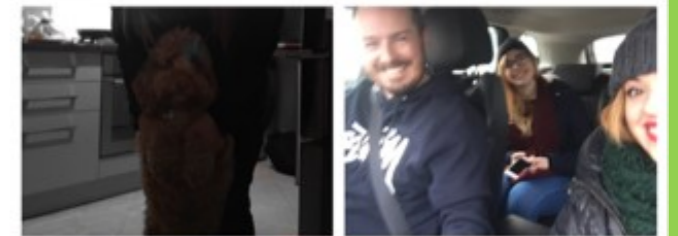
really passionate about theatre and that Paul likes watching football's matches on TV and that he likes driving because of his previous job.

Their house is a manor and it's marvellous; it's big and in that typical English Style, it left us speechless! They have a room for every different hobby such as the reading room which is beautifully decorated and full of any kind of book, there is also the dining

room in which they have dinner on Sundays and that's really big and it has walls decorated with stunning elk horns and at least our favourite one is the cinema room that's comfortable and provides plenty of movies! Our bedrooms are incredibly big and on the top floor of the house, they allow a breathtaking view of the garden and we can often see the snow from our big window. They also have a really cute dog called Guinness such as that typical Irish black beer and a beautiful black bossy cat, Jasmine.

We love their house and we love them, they're amazing and they make us feel like we are actually at home so it can't be better than this!

Carola Antoci, Clara Di Stallo, Ludovica Schembari



Giusi Ingallina and her host family, including Crumble the cat.

I have found another family!

Family is everywhere in the word where you can find people who can support, encourage and comprehend. Family for me it isn't form with individuals with same blood ,but individuals are able to fell comfortable.

I was so far away from my home , it's so strange! How can your life change easily. 12 hours ago I took off and now I am writing an article different language from mine.

John, Lisa, Ellen, Sebastian and Crumble! (pictured)

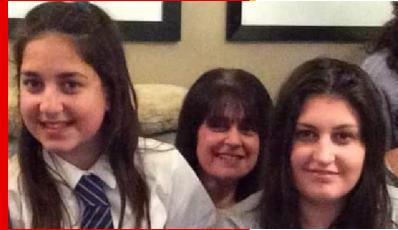
This family are compose four people and funny mascot. During my stayed I don't tie difficult but disposal from my family who understanding in all. They wanted knowing something about me. The thing most sweet it has been when they tried to cook a typical Italian meal (at beginning with pasta and after with pizza). I've

appreciate more effort or they have sometimes learnt some Italian vocabulary .. Maybe they would encourage that to learn a different language from mine; it isn't easy! Here I have found another family!

Giusi Ingallina

OUR BRITISH HOMESTAY FAMILIES

Staying at Cathy's



Cathy with two of her daughters.

Our host family was very welcoming from the first moment on: when we arrived Cathy helped us to bring our suitcases upstairs, to our bedroom, and she showed us the other rooms in the house, which was cute, warm and comfortable.

The next day we met her three daughters:

Jessica, Maisie and Flora. They all were very nice and pretty and we had a lot of fun with them.

Even if we hadn't much time to spend together, we talked a lot while we had dinner every evening.

We were really lucky to find sisters of different ages, because it helped us to understand the differences between girls

there and in Italy. In spite of that we were surprised to realize that we have the same interests and hobbies, for example we like the same music and tv programs.

We'll always remember these amazing people and we hope to meet them again one day.

Aurora Licitra and
Simonetta Tumino

The Griffith's

For a week we were hosted by Griffith's family.

When we arrived our homestay was very nice and friendly despite it was late. They were shown to our room and they helped us with our bags. Kim is very pretty and including with us, also she work at college where we were as student support administrator. Her husband is Steve, a man very sportive and nice.

They welcomed us immediately with love and made us part of the family.

They preparing breakfast and they accompanied us to school every day. In the end of day when we



arrived at home, Kim did find dinner ready, it was very delicious! After dinner they stayed with us and we talked about how we had spent the day. During this week we cherished them much. We are really happy to

have you spent with them this experience. Many think that in various families where the guys were hosted there is little security and reception, but we after living this experience we can say it was fantastic!

Federica Lacognata and
Miriam Intruglio

My First Day: let's meet a different culture!

At who knows me knows that I do not talk much about myself, but this time I want to talk to all those who with backpack decide to go on a trip and confront a new people, which is why I decided to come in the city of S Bury. After a couple of hours travel the new family welcomed me go straight to bed to live tomorrow. 7 are the alarm sounds and start my first day, at half past nine we begin the tour for school, (really big),

with ten safety lesson at eleven English test, which scared !! I'm always excited to test I hope it went well. At twelve we go to the canteen, which have placed a nice table for us Italians. At one o'clock I have my first lesson Law and Business, despite being complicated it was really interesting! Now we are in Library .. I can not wait to go home, I'm really tired.

Giusi Ingallina



Students having breakfast at Edmund on their first day at West Suffolk College.

"The first day at college was great, because we were placed in a different context than Italian schools"

First Day: the beginning of a great experience!

The first day at college was great, because we were placed in a different context than Italian schools.

We were immediately greeted well to the West Suffolk College, thanks to the organization of all components.

When we arrived at college in the morning we were greeted by Sara Louise Neesam, who

is the Introduction Student Welfare, and Sarah Ellison, who is Pastor support.

After doing a college tour, we followed a lesson of Health and Safety induced by Andrew Goodhall, a very qualified person, who explained to us how important are safety and compliance with the rules.

After we had lunch at the Bistro and at 13.30 another Italian student and I did our first work experience with the teacher Loi Taylor.

I will always remember my first day at college, because it was the beginning of a great experience that I will need for the future.

Miriam Intruglio

My First Day: the most exciting of the week!

My first day at West Suffolk College was the most exciting day of the week.

It was on Tuesday, at first we had a good breakfast and even if we

were tired because we slept for four hours we enjoyed ourselves. We met Sarah Louise Neesam (student welfare) and Sarah Ellison (Pastoral support), they both were very nice!



The students in The Gateway at West Suffolk College.

Then we went for a tour of the college and in that moment I thought I couldn't be able to remember all the places, but we were given a map and it was very helpful.

Afterwards we had Health and safety induction with

Andrew Goodhall and an English assessment test.

Later on we had our first lunch at the bistro, a place I loved for all my permanence.

Next I had my first lesson, it was with Andrew Wheeler and I felt very involved in business management.

Then I came back home and had dinner with my host sisters, after that we chatted for a while. It was one of the most beautiful day of this amazing stay!

Simonetta Tumino

My Class Attendance Experience

During my week in England I assisted a various lessons. In business class the professor Andrew Wheeler has treated the topic of morals, ethics and values. He spoke about the meaning of the word "ethics", that it means custom or character of people. The six core ethical stances are trustworthiness, respect, responsibility, fairness, caring, citizenship. It was an very interesting lesson and the professor was very nice.

Always with him I followed the lesson of economics, which was very similar to mine here in Italy. Then I followed history and law lesson of Radojka Startup, a woman very intelligent and educated. She spoke about enlightenment, Rousseau, Boucher. About Rousseau we spoke of his life, his opinions and his ideals. He was a strong man, born free and he is

everywhere. In the end I followed law and conveyance lesson with Ian Mathers, teacher very interesting. He has treated a topic very difficult for me, characteristics of an easement, so that it was a bit difficult to follow him. They were a lessons very beautiful and I'm happy for this experience because it isn't every day you have this possibility in your life.

Federica Lacognata

Federica Lacognata taking a "selfie" with Miriam Intruglio (second girl from the left), the lecturer and the other students



Students taking a "selfie" with lecturers and the other students

History and Ethics

During my time at West Suffolk College I attended different lessons of history and ethics with Radojka Startup relating to Rousseau and Stuart Appleby relating to Russian Revolution, and a lesson with Julian Case on Method Research in which she explains what is the right method to follow to make a comprehensive study comparing various texts that can also be found in the online library of the univer-

sity to which can have access all students. In these lessons I could observed the different teaching methods and the approach of teachers with students and the approach of students with lessons. Attending university classes I found differences with the Italian universities. First the number of students who attend classes is very small, the teachers create the training courses in which stu-

dents are brought to learn during the same lesson and are performed the tasks that allow students to interact with each other on the subject addressed. Thanks to this experience I have had the opportunity to know a different formative reality than that of my country.

Miriam Intruglio

Work experience at Marketing and Develop Anglia

In WSC I also have the privilege to do some work experience aimed to introducing myself in the world job especially in the journalism field.

On Thursday 11th I had the first meeting with Alice Coleman and Charlotte Kerridge, two members staff of Marketing area. At first I helped Alice to clear up of open event newspaper articles around the College. We put up some information correlated to the map to help going people around the College. In addition she explained me that every post or articles sticking on the walls was made by her staff. Then I come back to their office where I

helped Alice to check out some articles concerning WSC in the local newspaper to find out related information.

The day after I wrote an article about my experience at WSC which will be publish on the WSC's website. I also answered some e-mails from people who ask for an article concerning their activity. At last I wrote a detailed FB post to promote Conservatoire East Courses, including pictures and links.

How wonderful that experience was! Another work experience I did at WSC was for "Develop Anglia". There, a nice lady explained us what apprenticeship

means and how does it work. She also talked about Business development careers. After that I did a research on Internet aimed to compare Hospitality courses offered locally with the Cambridgeshire ones. We had to realize a table with some information about the course duration and the cost of each one and then I have to decide which was more advantageous!

It was really interesting and formative day!

I am totally convinced that WSC opens more doors for experience and opportunities for me!

Carola Antoci

Working as a Teacher: what an experience

Our work experience at West Suffolk College was based on a series of activities concerning teaching. We operated with an excellent teacher, Loi Taylor, who showed us how she works and which are the techniques she uses to promote students' learning. We

attended her lessons and we interacted with the boys and girls working with them. In particular, it was interesting to take part in a preparatory lesson for the exams, and thanks to it we had the opportunity to learn how the exams are held and which are their levels and diffe-

rences. Loi was really nice and helpful and this experience was very useful to settle us in the world of work.

Aurora Licitra
Miriam Intruglio

My Work Experience

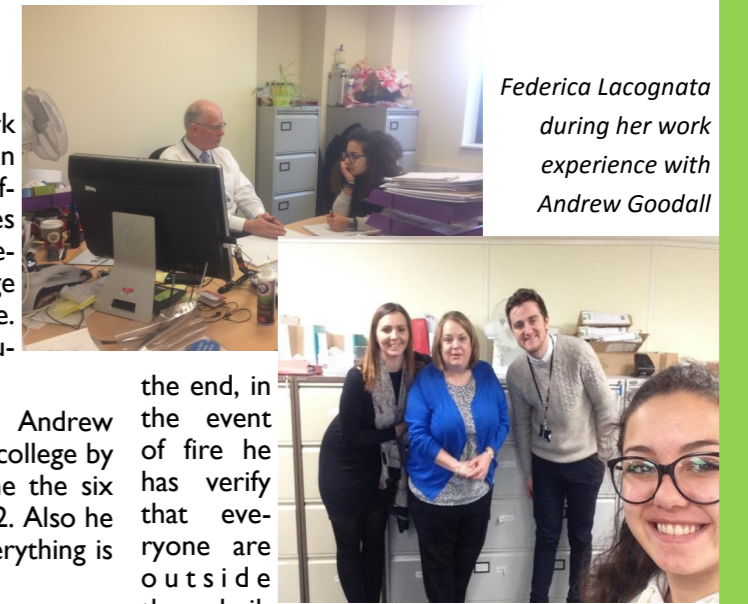
Human resources: During my work experience in Human Resources I understand as it does the enrolment of students in college, the different sheets that families must complete and the roles that people who I have known in this area. Max showed me the staff lists of all college staff and their certifications. He really likes his work.

Develop Anglia: In Develop Anglia office, I did a research to see the difference between courses inside the college as emergency first aid at work, pediatric first aid

and first aid at work and courses outside, in particular in the Suffolk area. The prices are very different, because in the college are less expensive. Furthermore Jane Pauling was very friendly.

Health And Safety: Andrew Goodall work in the college by six years. He saw me the six regulations since 1992. Also he has to check that everything is ok.

His work is very important for the college, because the functioning depends on him. He showed me a personal protective equipment at work, helmet, boots, gloves, mask. In



Federica Lacognata during her work experience with Andrew Goodall

the end, in the event of fire he has verify that everyone are outside the building and safe.

Federica Lacognata

Federica at Human resources Department with her colleagues